



TINA HALLIS, PH.D.

Speaker & Author

Positive People + Positive Interactions + Positive Workplaces
= **POSITIVE RESULTS**

Excessive Stress! Whether it's from the uncertainty of change, feeling overwhelmed with too much to do, or dealing with challenging people, Too much stress escalates burnout, undermines productivity, and hurts relationships with customers and colleagues.

But there is a solution... helping your people build their **positivity skills**. When we spend more time in positive emotions, like optimism, enthusiasm, and curiosity, everything gets easier. Now you have a solid foundation, a **POSITIVE EDGE** that sharpens...

- Sales
- Leadership
- Productivity
- Customer Relations
- Change Management
- Teamwork

Tina Hallis, Ph.D. considers herself a **Positivity Catalyst**. She is a professional speaker and author and is certified in Positive Psychology through the Whole Being Institute. She worked for 20 years in Biotechnology before discovering the life-changing science of Positive Psychology in 2011. After witnessing the powerful impact this information has on people and businesses, Tina founded her company, The Positive Edge. Her mission is to bring this science into organizations to make people's work lives more enjoyable and organizations more successful.

Featured Topics

Sharpening Your Positive Edge

Shifting Your Thoughts for More Positivity & Success

Work (and life) can be hard! It's easy to get stuck focusing on all the problems that stress us out. This program's strategies and insights, based on Tina's proprietary "*Path for Positivity™*", make it easier to see more of the good. The impact is **less stress, more success, and a higher quality of life**.

Building Your Immunity to People's Negativity

Maximizing Teamwork & Customer Relations

Other people's negativity, whether it's from customers, coworkers or family members, can drain our energy and bring us down. This dynamic program uses Tina's proprietary five-step "*Immunity to Negativity Formula™*" to show how we can use simple tools to help us **stay positive, calm, and choose to respond as our best selves**.

Understanding & Appreciating Our Differences

Optimizing Communication, Cooperation, & Connection

Challenging interactions with coworkers and customers can be a common situation when our approach to problems, values, and beliefs differ. However, with the help of neuroscience and personality theory, we can learn to broaden our perspective and adapt our response, which **improves our ability to connect, collaborate, and communicate** with the people around us.

Testimonials

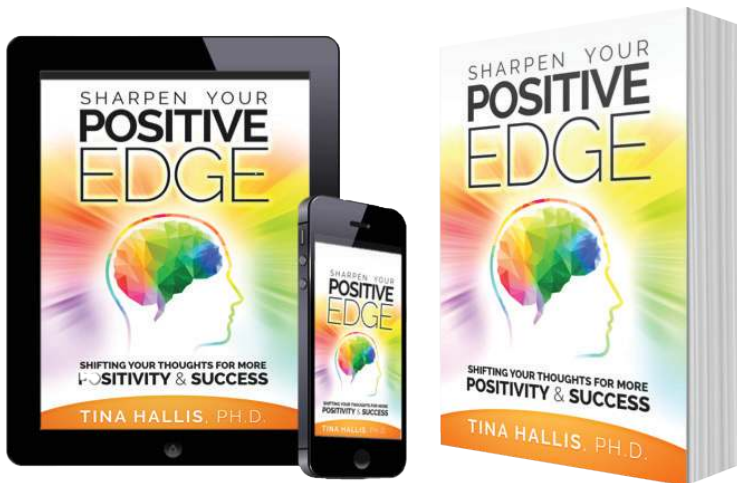
"She is one of the best speakers we've had and was very engaging. Tina's presentation is fun and exciting and keeps you on your toes."

– Karissa Goers, SPHR, SHRM-SCP, Human Resources Administrator/ Dakota County Community Development Agency

"Tina was excellent speaking in front of our group of 300! I would highly recommend her for corporate or private events."

– Tivoli Gough, USDA Natural Resources Conservation service/State Public Affairs Specialist

Products



Sharpen Your Positive Edge
Shifting Your Thoughts for More Positivity & Success

Life can be hard! This book is stocked with 80 short but powerful strategies to help busy people like you **Sharpen Your Positive Edge**, by shifting your thinking so you can be **more motivated, happier, and less stressed.**

Keep Your Positive Edge
How to Build Your Immunity to People's Negativity

Whether it's improving **customer service**, the **patient experience**, or overall **teamwork**, staying calm and choosing the best response is key. This course uses the 5-step "*Immunity to Negativity Formula™*" to show you how.



Book TINA HALLIS and give your people a **Positive Edge.**

Call 608.448.3576 • Email: Tina@ThePositiveEdge.net

ThePositiveEdge.net